Risk Management & Insurance



Weekly Update

Benefit News

2020 Annual Enrollment Benefit Confirmations

Next week, if you are benefit eligible, you will be receiving an email containing your 2020 Annual Enrollment Benefit Confirmation, indicating what benefits you will have for 2020. Please open and save this Confirmation for your records.

Additional changes to your benefit elections are not permitted after this time; however, if there is a **discrepancy** on your confirmation, PLEASE CONTACT Risk Management at 588-6197.

<u>Life Insurance Elections for new or increased coverages:</u>

If you made new or increased elections for Life Insurance during Annual Enrollment, remember your election is subject to Evidence of Insurability (EOI). EOI is required for increases in employee and spouse life coverage or for new elections of life insurance coverage. If you did not complete the online EOI during annual enrollment, you still have time to complete it, by going to https://www.standard.com/mybenefits/pinellas/eeoi.html. If the EOI is not completed and received by November 15, 2019, you will not be eligible for life insurance or for the changes you requested for the 2020 plan year.

Retirement News

Submitting retirement paperwork?

The Risk Management Retirement Team is offering individual appointments for the purpose of submitting Retirement forms and electing retirement insurance on:

- Thursday, November 7th, 2019, between 4:00 p.m. to 7:30 p.m. at Pinellas Park High School.
- A BENCOR Representative will provide information regarding terminal pay and information about the options that BENCOR has available.
- Risk Management provides a one-on-one appointment with a Retirement Specialist to accept retirement/insurance forms.
- The Retirement Team will mail each DROP Termination and Service Retirement participant an insurance packet in advance to bring to the meeting.

These events are not for the purpose of gathering information regarding retirement.

Notaries will be available if needed, an Appointment is required. Contact the Retirement Team at 588-6214 or e-mail wynnsa@pcsb.org to schedule your individual time slot.

Risk Management Retirement Team Walk-In Hours

The Retirement Team is excited to offer designated walk-in office hours in the Risk Management and Insurance Department. The walk-in hours are designed to assist employees with retirement questions

and submitting retirement applications and insurance forms. During these periods, Retirement Specialists will be available to employees on a walk-in basis only. The days and times are:

Monday 1:00 p.m. – 4:00 p.m.
 Wednesday 1:00 p.m. – 4:00 p.m.
 Thursday 7:30 a.m. – 12:30 p.m.

Individual appointments are also available at the November 7th evening event for submitting paperwork. Contact the Retirement Team at 588-6214 or e-mail wynnsa@pcsb.org to schedule your individual time slot.

Wellness News

Last Team Step Challenge Begins November 4: Fit and Festive

All PCS employees can participate in the 4 team step challenges throughout the year. Employees with medical insurance through PCS can earn one credit max towards the Aetna Health Promise for participating in one of the four team challenges throughout the year. The Fit and Festive 6 week step challenge is the *last* opportunity to earn a credit for the step challenges.

Directions of how to register and join challenge

November is National Diabetes Month

Nearly 10% of the population has diabetes and millions of American are undiagnosed. Diabetes is a serious disease but can be managed with proper medication and lifestyle. It's important to know and understand your risk for Diabetes by taking a Diabetes Risk Test. For more information about diabetes, visit www.diabetes.org.

PCS employees with a diabetes diagnosis can join the Diabetes CARE program to earn free testing supplies and 1 credit towards their Aetna Health Promise. For information about this program, please visit pcsb.org/wellness or call 727-588-6137.

Other Important Links

Healthcare Blue Book

If you an Aetna health plan member and you shop for the best deal on consumer products, then see how saving on your medical care can be just as easy when you use Healthcare Bluebook!

With Healthcare Bluebook, you could save hundreds – potentially thousands – of dollars on care with a simple search. Discover dramatic price differences on medical care and how much you can save using Healthcare Bluebook. To check for a procedure or for additional information Healthcare Blue Book.

Teladoc

If you are enroll in an Aetna medical plan, you and your covered dependents have access to Teladoc. They provide access 24 hours, 7 days a week to a U.S. board-certified doctor by phone, video, or mobile app visits. GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:	Why Teladoc? It is a convenient and affordable option for quality care.
Cold & flu symptoms Allergies	When you need care now • If you're considering the ER or urgent care for a non-emergency issue
Sinus problems	On vacation, on a business trip, or away from home

Sore throat	For short term prescription refills
Respiratory infection	
Skin problems	
And more!	

1-855-TELADOC (835-2362)



Teladoc.com/Aetna





Em ployee Discounts

Pinellas County Schools Main Discount Page

- <u>PerkSpot:</u> cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets At Work:</u> exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
 Company code: PCS
- Ruth Eckerd Hall events
- Amalie Arena upcoming events